**CDC *Vital Signs* Report on Decreased Kidney Failure from Diabetes in Native Americans**

On January 10, 2017,

Today, CDC released a report on the decrease in kidney failure from diabetes in Native Americans (American Indians and Alaska Natives) and how the Indian Health Service (IHS) used team-based and population health approaches to help accomplish this decline, which may be applied to all people with diabetes.

Native Americans have a greater chance of having diabetes than any other U.S. racial group. Diabetes is the leading cause of kidney failure (otherwise known as end-stage renal disease, or ESRD-D), a costly condition that requires dialysis or kidney transplant to survive. The remarkable findings documented in the January 10, 2017 Morbidity and Mortality Weekly Report (MMWR) reveal that among American Indian/Alaska Native adults (AI/AN), age-adjusted ESRD-D incidence decreased 54% during 1996–2013; by 2013, among adults with diabetes, the ESRD-D rate was the same in AI/AN as in whites.

This decline followed implementation by the IHS of public health and population management approaches to diabetes accompanied by improvements in clinical care beginning in the mid-1980s. These approaches might be a useful model for diabetes management in other health care systems, especially those serving populations at high risk.

To further highlight these remarkable findings, CDC will be hosting a *Vital Signs* Town Hall meeting: Good health care decreases kidney failure in Native Americans with Diabetes,

Jan 17, 2017 at 2 PM EST

Conference Line (U.S. only): 800-857-0764

Passcode: 795-4413

Link to CDC *Vital Signs* (includes the MMWR report, infographic, and social media tool): <https://www.cdc.gov/vitalsigns/aian-diabetes/index.html>

Link to the IHS Division of Diabetes Treatment and Prevention *(includes data and reports, resources and tools for clinicians, diabetes educators, and community members, and information on the Special Diabetes Program for Indians):* <https://www.ihs.gov/diabetes/?CFID=43089667&CFTOKEN=38656018>

Link to the National Indian Health Board’s Diabetes in Indian Country webpage *(includes tools and resources for advocates, local impact stories, and renewal information for the Special Diabetes Program for Indians):* <http://www.nihb.org/sdpi/>